NSS ACTIVITY REPORT

(2023-24)



NSS UNIT

YOGITA DENTAL COLLEGE AND

HOSPITAL KHED

NATIONAL SERVICE SCHEME MOTTO

The Motto of NSS "Not Me But You", reflects the essence of democratic living and upholds the need for self-less service. NSS helps the students develop appreciation to other person's point of view and also show consideration to '/other living beings. The philosophy of the NSS is well doctrine in this motto, which underlines/on the belief that the welfare of an individual is ultimately dependent on the welfare of the society on the whole and therefore, the NSS volunteers shall strive for the well-being of the society.

Aims & Objectives of NSS

The main objectives of National Service Scheme (NSS) are:

- Understand the community in which they work
- Understand themselves in relation to their community
- Identify the needs and problems of the community and involve them in problem-solving
- Develop among themselves a sense of social and civic responsibility
- Utilize their knowledge in finding practical solutions to individual and community problems
- Develop competence required for group-living and sharing of responsibilities
- Gain skills in mobilizing community participation
- Acquire leadership qualities and democratic attitudes
- Develop capacity to meet emergencies and natural disasters.

- Practice national integration and social harmony Aspects of NSS Programme the NSS
 Programme undertakes either under regular or special camping covering four aspects.
- INSTITUTIONAL WORK: The students may be placed in selected welfare agencies outside the campus to work as volunteers
- INSTITUTIONAL PROJECT: Improvement of campus, construction of play fields and swimming pools etc.
- RURAL PROJECT: Eradication of illiteracy, minor irrigation work, agricultural operations, health, hygiene, sanitation, development of rural cooperatives, savings drive, construction of rural roads etc.(preferably by adopting village within the easy reach of the college).
- URBAN PROJECT: Adult education, welfare of slum dwellers, training in civil defence setting up of first aid posts, hospital work etc.

Symbol: The symbol for the NSS has been based on the giant Rath Wheel of the world famous Konark Sun Temple (The Black Pagoda) situated in Orissa, India. The wheel portrays the cycle of creation, preservation and release and signifies the movement in life across time and space, the symbol thus stands for continuity as well as change and implies the continuous striving of NSS for social change. Badge The NSS Symbol is embossed on the badge. The eight bars in the wheel represent the 24 hours of a day. The red colour indicates that the volunteer is full of young blood that is lively, active,

| energetic and full of | high spirit. The navy | y blue colour indic | cates the cosmos of | which the |
|---|-----------------------|---------------------|---------------------|-----------|
| NSS is tiny part, ready to contribute its share for the welfare of the mankind. | | | | |
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YOGITA DENTAL COLLEGE AND HOSPITAL

REGD.NO.MAH/F/-1588/RATNAGIRI

(Recognized by Dental Council of India, New Delhi & Affiliated to Maharashtra University of Health Science, Nashik)

Report on Republic Day

26/01/2024

Republic Day in India is celebrated on January 26th every year to commemorate the day when the Constitution of India came into effect in 1950, replacing the Government of India Act (1935) as the governing document of India. It marks the transition of India from a British colonial dominion to a sovereign democratic republic. The day is celebrated with great fervour and enthusiasm throughout the country.

Dept. of Public Health Dentistry, Yogita Dental College & Hospital, Khed, celebrated Republic Day in the college campus. The event started by the welcoming of all the teaching & non-teaching staff, students, students of Chatrapati Sambhaji Raje Sainik School, Jamage.

Following that, Subhedar Mr. Vilas More of Chatrapati Sambhaji Reje Sainik School, Dean Dr. Varsha Jadhav Madam, CEO Dr. Hemangi Pol madam hoisted the Flag. Flag hoisting was followed the parade paying respect to the flag was showcased by the students of Sainik School. After parade, students of Yogita Dental College and students of Sainik School performed Zenda Geet.

Students of I year of Yogita Dental College, gave a dance performance on patriotic song.

Program was concluded by vote of thanks.



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Geotagged Photos







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HOD

Dept. of PHD

CAMP REPORT

12-15TH MARCH, 2024

A dental checkup and treatment camp was organized at Tal. Gunade in Khed district under the guidance of Dept of Public Health Dentistry and NSS Unit of the college. The camp was organized during 12th-15th January 2024 on the occasion of Yuva Saptah Mahotsav organized for Swami Vivekanand Jayanti.

The health awareness drive was also conducted during this duration.

Students were also enlightened regarding the life of Swami Vivekananda.

Various health talks were given by NSS Volunteers for school children, adults and elderly.

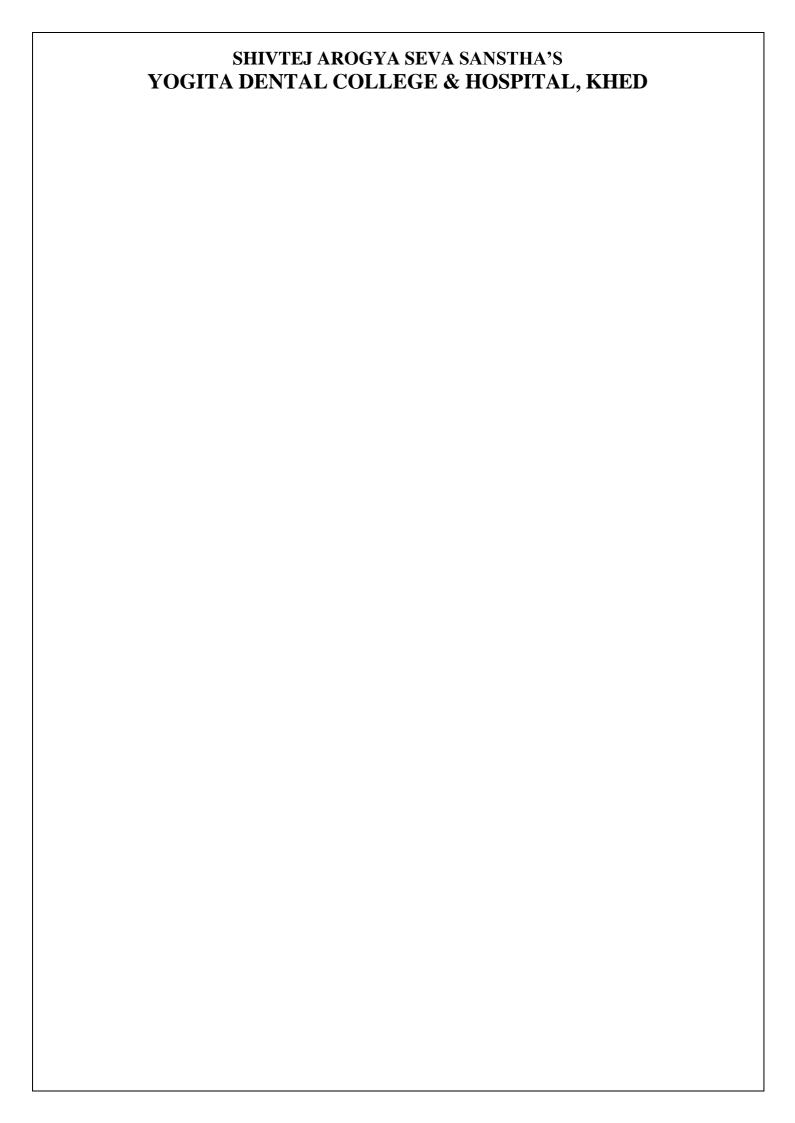
Camp referrals cards were distributed during the camp.

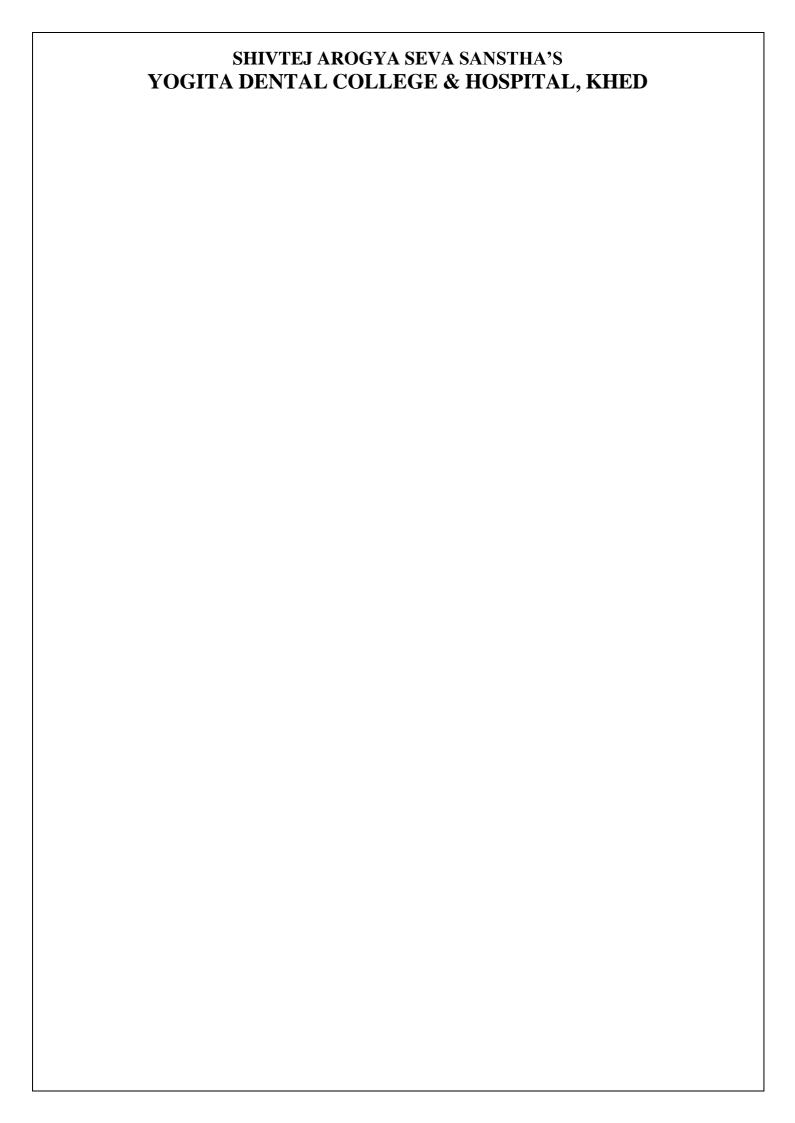














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DEPT. OF PUBLIC HEALTH DENTISTRY

WOMENS DAY

PROGRAM REPORT

DATE: 08/03/24 VENUE: TEEN BATTI NAKA, KHED

TIME: 10.00 am- 11.00 am

STAFF PRESENT: Dr. Anamika Gupta

NUMBER OF STUDENTS: 13

Dr. Supriya Vyavahare

Dr. Mugdha Khond

Dr. Janice Simpson

SUMMARY:

On the occasion of "International Women's Day", Dept. of Public Health Dentistry, Yogita Dental College and Hospital organized an awareness skit based on theme of this International Women's Day: "Inspire Inclusion"

A total of 13 under graduate (UG) students including students from NSS unit of the institute, participated in the skit. The skit emphasized on the importance of diversity, inclusion, accessibility, and equity in all aspects of society and showcased how to break down barriers and challenge stereotypes in order to create environments where all women are valued and respected.

List of participants:

- 1. Arshad Shaikh
- 2. Piyush Netke
- 3. Shiyam Rabade
- 4. Rukhsar Parkar
- 5. Mayuri Rathod



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- 6. Vidhi Pawar
- 7. Sonam Pawar
- 8. Mohini Rathod
- 9. Pranav Salvi
- 10. Komal Sawate
- 11. Hemlata Singh
- 12. Komal Sawate
- 13. Priyanka Shelake



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GEOTAGGED-PHOTOGRAPHS









PRINCIPAL YDCH, KHED

HOD YDCH, KHED





REPORT

ON

INTERNATIONAL DAY OF YOGA

21/06/2023

Yoga is an ancient physical, mental and spiritual practice that originated in India. The word 'yoga' derives from Sanskrit and means to join or to unite, symbolizing the union of body and consciousness.

Today it is practiced in various forms around the world and continues to grow in popularity.

9th International yoga day was celebrated in the campus of Yogita Dental College & Hospital,

Khed under the theme "Yoga for Vasudhaiva Kutumbakam." which represents our shared desire for "One Earth, One Family, One Future."

The programme was conducted in the auditorium of the College and was attended by a large number of faculty, staff and students. It was a successful event. On this grand occasion,

a Lecture was conducted by Mrs. Sunita Joshi (the President of Yog Vidhya Dham, Khed) on Importance of Yoga in day to day life and demonstration of various asana was given Varsha Mahakal Ma,am.

Various Yogasanas were demonstrated like Neck Movements, Shoulder Movements Knee Movements and suryanamaskara.

Various Breathing Exercises and Yoga Nidra was demonstrated and conducted.

- a. Kapālabhāti
- b. Anuloma Viloma Pranayama
- c. Bhramari Pranayama
- d. Dhyāna
- e. Sankalpa
- f. Santih Patha

































Certificate of appreciation were presented to the Speaker and the Demonstrator in recognition of their Valuable time and expertise shared to this institution as facilitator.





Copy to:

DEAN

CEO



YOGITA DENTAL COLLEGE & HOSPITAL, KHED

WORLD ENVIRONMENT DAY TREE PLANTATION PROGRAM 05/06/2023

World Environment Day (WED) is celebrated every year on 5th June to raise global awareness to take positive environmental action to protect nature and the planet earth. It is run by the United Nations Environment Programme (UNEP). The World Environment Day has been started celebrating as an annual event on 5th of June since 1973 at the Stockholm conference, Sweden and then started celebrating annually at global level.

The theme for 2023 was "Ecosystem Restoration" The World Environment Day was celebrated by the dept. of Public Health Dentistry, Yogita Dental College & Hospital, khed. The event had in attendance, Heads of Departments across the faculties of the College and officials of forest department.

Participants at the event were welcomed by the HOD, dept. of Public Health Dentistry. They admonished participants not to focus on only what they can get from the environment, but more so on what they can do to make the environment better than they met it. She also wentahead to charge the participants to care for their environment noting that "treating theenvironment badly will mean destroying the source of human existence."

On the occasion of World Environment Day, the dept of Public Health Dentistry organized Tree plantation programme as a token of our effort towards protection of environment and restoration of environmental quality, saplings of indigenous plant species were planted.

The programme was concluded by oath taking to restore our ecosystem.

PHOTOGRAPHS













| HOD |
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| Dept. of Public Health Dentistry |
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Ref. No. YDCH/2107/2262/2023

Date: -22/11/2023

NOTICE

This is to inform that all Teaching, Non-Teaching Saff, Interns and Students, that Yogita Dental College and Hospital in coordination with HDFC bank have arranged for blood donation camp on 29th Nov 2023.

All students and staff hereby requested to donate blood. Kindly attend the function and grace the occasion.

Date: - 29th Nov 2023

Time: - 09:30 AM onward

Venue :- Physiology Department

YDCH, Khed

NSS Programme Officer YDCH, Khed Dean/Principal YDCH, Khed





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| | BLOOD DONATION CAMP | |
|----------------------|------------------------------|--------------------------|
| | ACTIVITY REPORT | |
| DATE: 29/11/2023 | VENUE: Physiology Department | TIME: 9.30am – 3.30 pm |
| PROGRAMME CONDUCTOR: | Dr.Varunraj Jadhav | NO. OF PARTICIPANTS: 101 |

SUMMARY:

Shivtej Arogya Seva Sanstha's Yogita Dental College & Hospital ,(Khed) Ratnagiri arranged a programme on BLOOD DONATION CAMP mentored by Dr.Varunraj C Jadhav ,Reader, Department of Prosthodontics and Crown & Bridge, YDCH, Khed & by Dr.Mugdha Khond, Lecturer, Department of Public Health Dentistry, YDCH, Khed in co-ordination with HDFC Bank, Dapoli Branch & Varad Charitable & Balaji Blood Centre, Satara. This event was planned and executed for the undergraduate students, postgraduate students, teaching staff members and non-teaching staff members. In total 101 active volunteers donated blood for the above mentioned event.

The inaugural ceremony was held in presence of Dr.Sharad Kolhe, Professor & HOD, Department of Physiology, YDCH, Khed and Dr.Anamika Gupta, Professor & HOD, Department of Public Health Dentistry, YDCH, Khed. This programme was executed under National Service Scheme of Yogita Dental College & Hospital, (Khed) Ratnagiri.

The program was followed by the brief lecture given by Dr.Premraj Jadhav, Professor & HOD, Department of Prosthodontics and Crown & Bridge regarding importance of blood donation and its role in saving valuabe human lives. The session was also addressed by Dr.Pradeep Taide, Reader, Department of Prosthodontics and Crown & Bridge YDCH, Khed who addressed all undergraduate students, postgraduate students, teaching staff members and non-teaching staff members in crowd to come forward and donate blood for such a noble cause. The session was a huge success, all postgraduates students, undergraduate



YOGITA DENTAL COLLEGE AND HOSPITAL

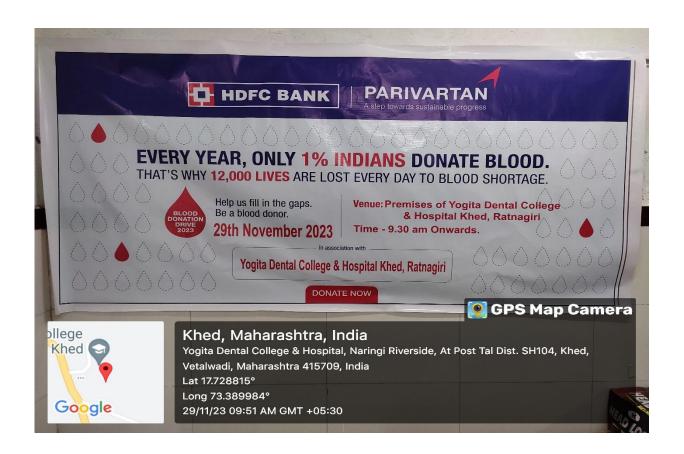
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students, teaching staff members and non-teaching staff members enthusiastically participated in the above event in huge numbers.

All 101 blood donors received goodwill goodies /gifts as token of appreciation from Yogita Dental College & Hospital ,(Khed) Ratnagiri in collaboration with HDFC, Bank, Dapoli and Balaji Blood Centre, Satara.

The program ended with the thanking speech and felicitation by Dr.Mugdha Khond by presenting a bouquet to the speaker Dr.Premraj Jadhav & Dr.Pradeep Taide .





YOGITA DENTAL COLLEGE AND HOSPITAL

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YOGITA DENTAL COLLEGE AND HOSPITAL

REGD.NO.MAH/F/-1588/RATNAGIRI







| | YOGITA DENTAL COLLEGE A | | |
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BLOOD DONATION CAMP

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| 9 49 | Sanket Jadhan | Non-teachingstaff | |
| 50 | Umair khan | Intern | Thomas |
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| 52 | Krishna Shah | 1styr P.G. | Blip |
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| 86 | Vishwas Kanekar | Non-traching staff | College |
| 87 | Soutosh Mahadik | | |

YOGITA DENTAL COLLEGE AND HOSPITAL, KHED

BLOOD DONATION CAMP (Teachingstoff members)

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| 5. | Ben Joshua | Taching staff member | |
| 6. | Pradeer Taide | Teaching staff member Teaching staff member | |
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| 8. | Pradeep Taide Vorsunrøj Taelhar Pavan Gujjar Mughdha Kond | Teaching State | Mur |
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Varad Charitable & Medical Trust's

BALAJI BLOOD CENTER

S. No. 467/7A/1/44, Plot No. 30, Behind Sanjeevan Hospital, Sadar Bazar, Satara 415 001

Phone: (02162) 226995/ 226996 Mob. 9175177676

Email: balajibbsatara@gmail.com





SCERTIFICATE S

















Donate Blood Save Life

This Certificate has been awarded to

Mr. Mrs. 13/4s. Vanunzaj Chandrakant Jadhar

for his I fer Voluntary Blood Donation to this blood center

29th JVOV- 2023

This impression contribution to the noble cause is highly appreciated

BLOOD GROUP

- Negative Positive

BALAJI BLOOD CENTER Camb 4



Varad Charitable & Medical Trust's

BALAJI BLOOD CENTER

S. No. 467/7A/1/44, Plot No. 30, Behind Sanjeevan Hospital, Sadar Bazar, Satara 415 001

Phone: (02162) 226995/ 226996 Mob. 9175177676

Email: balajibbsatara@gmail.com

13066

Lic No. MH/104235

DONOR NO



CERTIFICATE W













OF DONOR

Donate Blood Save Life

This Certificate has been awarded to

Mrshs. Mrs. Dz. Leadip

Toude

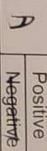
for his / her Voluntary Blood Donation to this blood center

on Date

Nov 2023

This impression contribution to the noble cause is highly appreciated.

BLOOD GROUP



BALAJI BLOOD CENTER SATARA

SHIVTEJ AROGYA SEVA SANSTHA'S

YOGITA DENTAL COLLEGE & HOSPITAL, KHED

Certificate of Appreciation

This certificate has been presented to

Dr. Varunraj Jadhav

for conducting

BLOOD DONATION CAMP in YDCH Campus, KHED in association with HDFC Bank, DAPOLI branch and Balaji Blood Bank, SATARA

on

29th November 2023

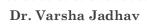
Dr. Hemangi Pol

CEO/Trustee Member

NSS Programme Officer

YDCH, KHED





DEAN



SHIVTEJ AROGYA SEVA SANSTHA'S

YOGITA DENTAL COLLEGE & HOSPITAL, KHED

Certificate of Appreciation

This certificate has been presented to

Dr. Mugdha Khond

for conducting

BLOOD DONATION CAMP in YDCH Campus, KHED in association with HDFC Bank, DAPOLI branch and Balaji Blood Bank, SATARA

on

29th November 2023



Dr. Varsha Jadhav

DEAN

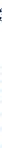
Dr. Hemangi Pol

CEO/Trustee Member



NSS Programme Officer

YDCH, KHED





SUMMARY REPORT

WORLD NO TOBACCO DAY 31/05/2023

World No Tobacco Day is an annual celebration that informs the public on the dangers of using tobacco, the business practices of tobacco companies, what the World Health Organization (WHO) is doing to fight tobacco use, and what people around the world can do to claim their right to health and healthy living. The theme for 2023 is "Grow Food, Not Tobacco".

Dept. of Public Health Dentistry and Dept. Oral & Maxillofacial Surgery, Yogita Dental College & Hospital, Khed took the initiative to create awareness among the people. The departments had organized skit and rally to create awareness in the community to raise awareness about the harmful effects of tobacco consumption and promote a tobacco-free lifestyle. The celebration began with the inauguration of an event by Police Inspector Mr. Nitin Bhoyar and the event was covered by a local new channel. Post inauguration, a skit was performed by students of the college at various places in the town and focusing on various scenarios portraying the consequences of tobacco use. The rally and the skit successfully created awareness and engaged the community in meaningful conversations about the harmful effects of tobacco consumption.

| The event received | positive feedback and p | participation from st | udents, staff, and |
|-----------------------|-------------------------|-----------------------|--------------------|
| the local community | y. Many individuals ex | pressed their apprec | iation for the |
| initiative taken by Y | Yogita Dental College a | and Hospital to comb | oat tobacco use. |
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PHOTOGRAPHS











थोडक्यात महत्त्वाचे



खेड : बसस्थानकात पथनाट्याद्वारे जनजागृती करताना योगिता दंत महाविद्यालयाचे विद्यार्थी.

योगिता दंत महाविद्यालयात तंबाखू विरोधी दिन

खेड: खेड येथील योगिता दंत महाविद्यालय व रूग्णालयात तंबाखू विरोधी दिन साजरा करण्यात आला. यानिमित्त पथनाट्य व पदयात्रेद्वारे नागरिकांमध्ये जनजागृती करण्यात आली. येथील पोलीस निरीक्षक नितीन भोयर यांच्याहस्ते उद्घाटन झाले. तीनबत्तीनाका येथून पदयात्रेस प्रारंभ झाला. तीनबत्तीनाका, बसस्थानक, गांधी चौक या मोक्याच्या ठिकाणी पथनाट्य सादर करून जनजागृती करण्यात आली. पथनाट्यामार्फत योगिता दंत महाविद्यालयात स्थित असलेल्या तंबाखूमुक्ती केंद्राची माहिती देण्यात आली. कार्यक्रमांच्या यशस्वीतेसाठी प्राचार्या डॉ. वर्षा जाधव, मुख्य कार्यकारी अधिकारी डॉ. हेमांगी पोळ, सामाजिक दंतशास्त्र विभागाच्या प्रमुख डॉ. अनामिका गुप्ता, डॉ. मुग्धा, डॉ. सोनिया, दंत शस्त्रिकया विभागाचे प्रमुख डॉ. केदार वैद्य यांनी प्रयत्न केले.

