

NSS ACTIVITY REPORT

(2018-2019)



NSS UNIT

YOGITA DENTAL COLLEGE AND

HOSPITAL KHED

NATIONAL SERVICE SCHEME MOTTO

The Motto of NSS "Not Me But You", reflects the essence of democratic living and upholds the need for self-less service. NSS helps the students develop appreciation to other person's point of view and also show consideration to 'other living beings. The philosophy of the NSS is well doctrine in this motto, which underlines/on the belief that the welfare .of an individual is ultimately dependent on the welfare of the society on the whole and therefore, the NSS volunteers shall strive for the well-being of the society.

Aims & Objectives of NSS

The main objectives of National Service Scheme (NSS) are:

- Understand the community in which they work
- Understand themselves in relation to their community
- Identify the needs and problems of the community and involve them in problem-solving
- Develop among themselves a sense of social and civic responsibility
- Utilize their knowledge in finding practical solutions to individual and community problems
- Develop competence required for group-living and sharing of responsibilities
- Gain skills in mobilizing community participation

- Acquire leadership qualities and democratic attitudes
- Develop capacity to meet emergencies and natural disasters.
- Practice national integration and social harmony Aspects of NSS Programme the NSS Programme undertakes either under regular or special camping covering four aspects.
- INSTITUTIONAL WORK: The students may be placed in selected welfare agencies outside the campus to work as volunteers
- INSTITUTIONAL PROJECT: Improvement of campus, construction of play fields and swimming pools etc.
- RURAL PROJECT: Eradication of illiteracy, minor irrigation work, agricultural operations, health, hygiene, sanitation, development of rural cooperatives, savings drive, construction of rural roads etc.(preferably by adopting village within the easy reach of the college).
- URBAN PROJECT: Adult education, welfare of slum dwellers, training in civil defence setting up of first aid posts, hospital work etc.

Symbol: The symbol for the NSS has been based on the giant Rath Wheel of the world famous Konark Sun Temple (The Black Pagoda) situated in Orissa, India. The wheel portrays the cycle of creation, preservation and release and signifies the movement in life across time and space, the symbol thus stands for continuity as well as change and implies the continuous striving of NSS for social change. Badge The NSS Symbol is

embossed on the badge. The eight bars in the wheel represent the 24 hours of a day. The red colour indicates that the volunteer is full of young blood that is lively, active, energetic and full of high spirit. The navy blue colour indicates the cosmos of which the NSS is tiny part, ready to contribute its share for the welfare of the mankind.

INTERNATIONAL YOGA DAY : 21ST June 2018

Around 50 NSS volunteers attended month long Yoga sessions, conducted by Appointed Yoga Instructor in college campus daily from 3:00pm to 4:00pm from 25th may 2018 to 20th June, 2018 . They practiced the Yoga Asanas, to be demonstrated in the, Khed on 21st June 2018. The event was presided over by Sh. Narender Modi, Prime Minister of India marking the Yoga day celebrations worldwide.

INDEPENDENCE DAY2018

A great day and a proud moment for every Indian.

Yogita Dental College and Hospital ,Khed too was all set to celebrate the independence day of India .everyone on the campus was geared up & enthused for the momentous occasion though the weather didn't seem to be favorable at all.

The guests, student & teachers started pouring in by and at sharp 8.30am. The National flag was hosted by the Dean Dr.Varsha Jadhav Madam.

Then some of the student sung National Anthem with salute from everyone was given to the flag. Some boys & girls from college played a band in fact college band did a

wonderful by some group & individual singing. Then some speeches delivered by college students. Students spoke about the importance of the Independence Day & expressed their emotions through patriotic song & speeches.

closing speech delivered by the Dr. Jadhav sir and announced official closing of the program.

WORLD ORGAN DONATION DAY: 1st June 2019

A Report on Celebrating Organ Donation Conducted on 1st June 2019 (Awareness Program) at Yogita Dental College and Hospital, Khed on Organ Donation (Awareness Program) on the event of “World Organ Donation Day” which is on 01/06/2019. Even after death, some organs of the body can be preserved and stored. If these organs are donated, it might save somebody else’s life. The rate of organ donation has significantly increased due to the number of successful cases. Organ Donation is defined as the removal of organs from a body and transplanting it to a new body by surgical means. The requirement for new organs usually arises when a person loses an organ to some accident or stops functioning. Ex: Liver, Retina, Heart, Kidney etc... Organ transplant depends on the availability of human organs. Organ transplantation is the only way of saving lives of patients who have had terminal organ failure. A person can sign up and register for donating his organs. In this case, a person voluntarily consents to donate his organs after his death. After he passes away, the doctors remove the eyes and other organs that can be preserved from his body and stores them. These donated organs are used to help patients

in need of organ transplantation. Also, if a person is declared brain dead by doctors, his family members can officially consent to donate his organs.

“Give Some One a Second Chance - One Organ Can Save 8 Lives” “Be a Donor, Be a Hero”

SWACH BHARAT ABHIYAN

A campus cleaning programme was conducted by NSS wing of Yogita Dental college and hospital , khed on 2nd Oct 2018 at college campus. A total 50 NSS volunteers participated in the programme. Irfan Mulla , Programme Officer , NSS, YDCH welcomed the gathering. Dr.Varsha Jadhav, Dean and Dr.Hemangi Pol ,CEO, Yogita Dental College khed, initiated cleaning activities among volunteers. She motivated students towards ‘Clean India’ by his inspirational talk.. The volunteers cleaned the entire campus wearing gloves and collected all the litter in big bags for disposal. The volunteers were instructed to clean their hands with soap at the end. Refreshments were distributed to volunteers. Programme officers Dr.Irfan Mulla, carried out all the arrangements.

TREE PLANTATION

Date - 24th August, 2018

Tree Plantation Drive The NSS Unit of the college organized a 'Plantation Drive' on 24th August, 2018 . Enthusiastic NSS volunteers planted saplings of Neem in the college sports ground to create natural mosquito repellants . Dr. Varsha Jadhav , Principal also planted sapling in the college grounds to inspire volunteers and students to do the same to maintain trees for a better society. Volunteers Brought posters on tree plantation and environment protection.

ANTI-TOBACCO DAY

- Speaker : Dr. Abhishek Talathi
- Time – 09.00 to 11.00 Am

Every year on 31st May is observed as **World No Tobacco day** throughout the globe with World Health Organization initiative (WHO). According to WHO, Nicotine contained in tobacco is highly addictive and tobacco use is a major risk factor for cardiovascular and respiratory diseases, over 20 different types or subtypes of cancer, and many other debilitating health conditions. Every year, more than 8 million people die from tobacco use. Tobacco can also be deadly for non-smokers. Second-hand smoke

exposure has also been implicated in adverse health outcomes, causing 1.2 million deaths annually. Nearly half of all children breathe air polluted by tobacco smoke and 65 000 children die each year due to illnesses related to second-hand smoke. Smoking while pregnant can lead to several life-long health conditions for babies. Most tobacco-related deaths occur in low- and middle-income countries, which are often targets of intensive tobacco industry interference and marketing. This year's theme is protection of younger generations, focusing on "Protecting youth from industry manipulation and preventing them from tobacco and nicotine use". This year World No Tobacco Day highlights the tobacco industry's systematic and sustained efforts to hook a new generation of users. Creating awareness about the aggressive efforts of the tobacco industry to lure adolescents and young people to use their addictive and dangerous products is urgent. Adolescents and young people can be empowered to protect themselves if they understand the real intentions of an industry that wants to hook them on an addictive product just to increase and secure its profits despite the public health consequences.

WORLD AIDS DAY AWARENESS PROGRAMME

Aids Awareness Program Aids awareness program was conducted under NSS activity by Yogita Dental college and hospital Khed on 1st December 2018 at Suseri Village on the occasion of world Aids Day. The program aimed at making people aware of causes, treatment and prevention of Aids. About 55 students and staff contributed in the program. The information and guidance to the villagers was done through power point presentation. Also the leaflets containing important information related to

prevention of AIDS were distributed amongst the villagers. Queries of the people were solved through proper counselling at the end. The people of the Suseri thanked the team for its initiative.

PHOTO GALLERY







CEO

YDCH, Khed

NSS

Programme Officer

DEAN

YDCH, Khed