

SHIVTEJ AROGYA SEVA SANSTHA'S YOGITA DENTAL COLLEGE & HOSPITAL, KHED

DEPARTMENT OF PUBLIC HEALTH DENTISTRY

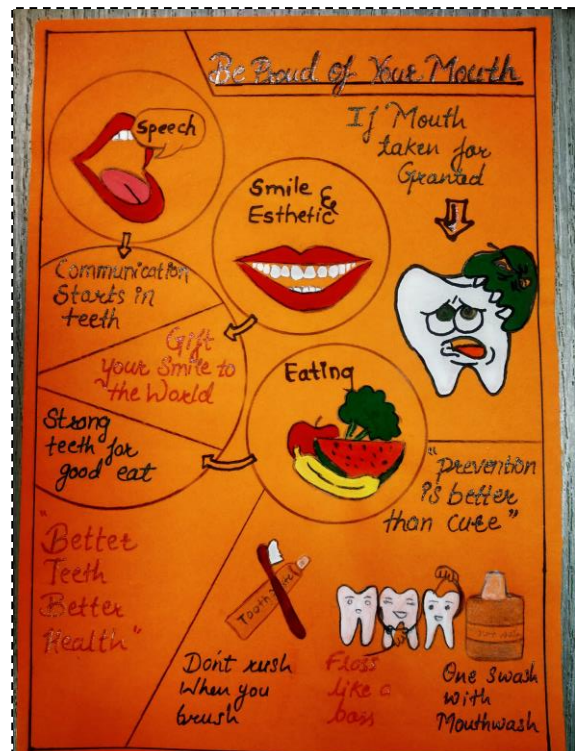
EVENT REPORT ON WORLD ORAL HEALTH DAY, 2022

World Oral Health Day is observed every year on 20th of March. "BE PROUD OF YOUR MOUTH" is the theme for World Oral Health Day 2021-2023. "As mouth is the mirror of human body", as a dentist it is a very special day for each one of us as we are the guardians of the mouth. Department of Public Health Dentistry, Yogita Dental College & Hospital, Khed had organized an essay writing competition and Post Card message competition keeping in mind the theme as mentioned by Federation Dentaire Internationale.

The competitions were conducted from 15th of March, 2022 and the last date of submissions was 19th March, 2022. There was an active participation from under graduates. They showed best of their creativity.



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Essay writing competition was held in Marathi as well as English language. The students were quite persuasive in their writings.

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"BE PROUD OF YOUR MOUTH"

Got my toothpaste, got my brush
I won't hurry, I won't rush
Making sure my teeth are clean,
Front and back and in between
When I brush for quite a while,
I will have a happy smile!

These lines made me nostalgic. Just 4 simple lines
which are easy to learn but difficult to follow.
I wonder if this is inculcated by every citizen from
birth, dentist would have the least population today
which by bad is the most!

So what is,
Reason behind the confident me?
Healthy smile is the key!

How many times have you been asked "toh batookya
tunhare toothpaste mein namak hai?"
How many times have you bullied a friend in school for
having yellow teeth saying "yellow yellow dirty fellow!"
How many times have you heard people saying "tell
your teeth to stop peeping out of your lips!"
How many times have you waited for the tooth fairy
to take your tooth and complete your wish?
Those were the times where we used to think
so much about our teeth and now we think that all
this is a myth!

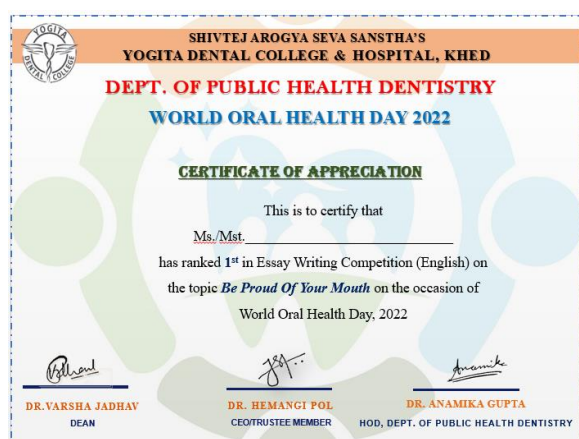
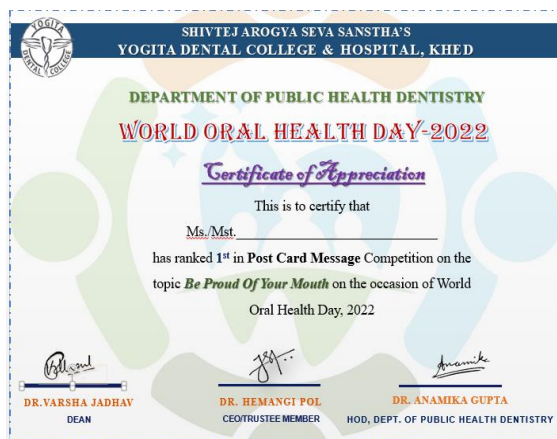
'तुदती कुतल होतं, नाम हवा झिडकीचे /
इसल हलत होते नाम होता फुकनेचे /'

असे बोर

तुला आपल्या जेतांनी लिहून ठेवले आहे, कारण अन्त
हे 'परब्रस' आहे आणि ते अन्त खाताना अन्ततः
नामस्वरूप करणे गरजेचे आहे. त्याचबरोबर तितक्या
मस्तकचे आहे, आपले तोंड, कारण कोणतीही वस्तू
खाताना आपले तोंड स्वच्छ झाले पाहिजे, तसेच
आपले डाल शुद्धा मजबूत व स्वच्छ असणे गरजेचे
आहे.

निमजी हा अजब जादुगार आहे. त्याच्या कुपीन
अवस्थेत खनिजा वटवला आहे. त्याच्याकडे लोण्यापेक्षा
मऊ गोडपणे, पपई, चिक्कू आहेत, तर वज्राकृत कडीला
बदाम, अक्रोड अडेन, या सर्वांची जर चव चाखायची
असेल तर आपले दात तितक्या मजबूत झाले
गरजेचे आहे. मजबूत दातांनी अस सोलून खाण्याची
सजा काही झोश! झोश! देवपानी विलेले दात
नर अजन्म मजबूत खावट असतील तर आपण
दातांची कळजी घेतली पाहिजे. दात वित्तवातून
जवळी व शरीर झाले पाहिजेत. कोणताही पदार्थ
खाण्यावर बळ झाले गरजेचे आहे. त्याचबरोबर
वेळोवेळी दातांची तपासणी शुद्धा करायला द्या.
हा सर्व गोष्टींचा उपाय करणेचे कारण म्हणजे
मॅडनेटके दात व्यक्तीला सोबरी खाल करतात.
स्वच्छ व मॅडनेटके दात असतील तर इसताना
ती व्यक्ती खूप मोठक दिसेल. डाता तर दिवसेंदिवस
विज्ञानात प्रगती होऊन व्यंगार मात करून
मॅडनेटके विसण्याचा प्रयत्न केला जातो. पुढे झालेले
दात तार लावून मोठे येता येतात, दात आफ
कवून चमकवता येतात मोलापासणे चमकवार व
मॅडनेटके असणारे दात वसवून घेऊनले मातात
आणि समजा ते तसे नमतील तर दंतवैद्य त्यावर

e-Certificates were given as token of appreciation to the winning students



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Dental Health Promotion camps were organized to create awareness among the school children and the common population.



Link for the health talk video: <...\Downloads\b4c21576-897a-45b1-9f4e-a4d9bbefe2d8.MP4>

ORGANIZING COMMITTEE:

- Dr. Anamika Gupta
- Dr. Mugdha Khond
- Dr. Simin Parkar

HOD

Dept. of Public Health Dentistry

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Dean

CEO

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PHOTOS



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